

CERTIFICATE

OF PARTICIPATION

This is to certify that

Tessa Abrahamson

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:23:29

PACE 10:25/km

OVERALL 74 of 166

GENDER 28 of 88

OPEN 23 of 51

23 June 2019, Sun

Date



BoutTime